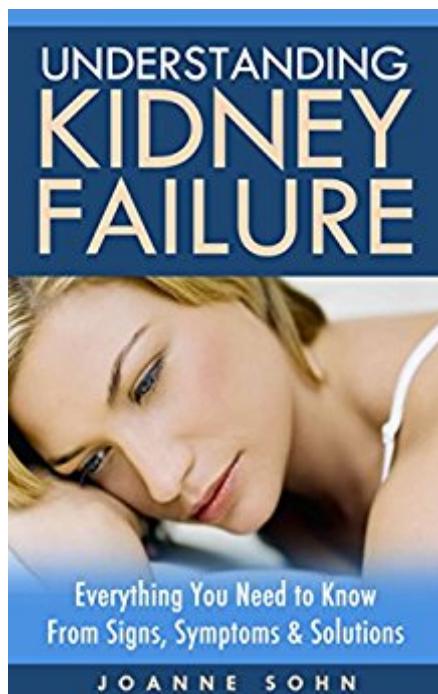


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# Understanding Kidney Failure: Everything You Need To Know From Signs, Symptoms And Solutions



## **Synopsis**

How to Prevent Kidney Failure Through A Healthy Lifestyle Today only, get this bestseller for just \$2.99. Regularly priced at \$9.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Your kidneys are a vital part of filtering and regulating your body's functions. Developing kidney failure means you have some decisions to make about your treatment. This book will explain what you need to know about kidney failure and how to be better prepared. Here Is A Preview Of What You'll Learn...Analysis of kidney and kidney failure diet plansigns of kidney failure... and much, much more!Download your copy today!Take action today and download this book for a limited time discount of only \$2.99!Tags: kidney, kidney failure, damaged kidney, diet for kidney, kidney damaged signs and effects

## **Book Information**

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## **Customer Reviews**

As I get older, concerns about my organs failing become more real. We need to pay attention to the signals our amazing bodies are sending. This book helps to identify warning signs of kidney failure and has some good suggestions for getting back to a more healthy lifestyle. Removing processed foods from your diet is a good idea, regardless of your current health. There are specific lists of

foods for different metabolic types and helpful information about calming techniques to help you get back to nature. There are, however, some distracting errors that caused me to take off a star.

I really liked this book. It explains what the doctor seems to never have time for. I was told very bluntly that I had stage 3 kidney failure. I was told not to drink dark drink and that was it. I never knew I was one stage from dialysis Its scary when you are in that position. This book explains everything and your know what to do as well as what to expect.

I purchased this book after finding out a family member was diagnosed with kidney failure. I needed to know more about kidney failure, without all the over written medical jargon. I was so pleased to find this title. It explains kidney failure, it's signs, symptoms and treatments. it educated me on what my family member is going through, without over complications g the explanation. I would highly recommend this title for anyone who needs to learn more about kidney failure with all the added fluff.

This book is an excellent source of information relating to kidney disease and the stages the body goes through. It also gives great insight on how to improve your kidneys. Great information and note worthy. Many thanks to the author.

This book is spot on in accuracy and information. Being a registered nurse, I thought I was well versed in kidney issues as I once worked with dialysis patients. I didn't realize how important diet issues affect kidney filtration problems. The book provides knowledge that is important when dealing with kidney function that I was unaware of. Later in life I experienced kidney disease myself. This book helped me to understand it and gave me educational options to reverse the condition and prolong my life. I'm glad that I found this book and read it. I highly recommend it. It's an easy read and very understandable. Get it and practice it. You may find yourself in a position to prevent the disease in the first place and prolong your life. Following the suggestions offered by the author, I know it did mine.

An especially comprehensive explanation of kidney function and what is happening to yours, and how you can take some control to help your own body live with this. Just as every kidney malfunction happens differently for different reasons, each reader can find different suggestions that will help her or him deal with the changes this diagnosis forces on you. The suggestions for vegan

diet, brisk exercise and meditation, while nothing earthshatteringly New, were presented well and the most helpful to me. Thank you.

Since I have been diagnose as Kidney Disease 3,I have tried to do as needed to slow or halt this.My last Test showed my Kidney Disease has gone up 1 point.The Kidney failure book is great.Telling it as it is.But not with out seeing your Dr.also.It is good to have your family or Caregivers read this.I am a 74 yr old female.Thank you,sincerely,Sandra in Virginia.

This book showed me the difference between diabetes and ckd. I have both . It also allowed me to see with diabetes there's certain things you can and can't eat. And with ckd there's certain things can and can't eat. Part of my biggest challenge every day is trying to figure out what I can eat, and nobody understands that.

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